

**ELVES ROAD FRAME SIZE RECOMMENDATION**

VANYAR & VANYAR DISC	FRAME SIZE	S-46	M-48	L-50	XL-52	2XL-54	3XL-56	
	BODY HEIGHT	158-165cm	163-172cm	170-177cm	175-182cm	180-185cm	182-190cm	
	STANDOVER	729mm	744mm	752mm	771mm	790mm	810mm	
FALATH PRO & FALATH PRO DISC	FRAME SIZE	XS-44	S-46	M-49	L-52	XL-54	2XL-56	3XL-59
	BODY HEIGHT	154-162cm	160-172cm	170-177cm	175-182cm	180-185cm	182-190cm	188-198cm
	STANDOVER	730mm	744mm	764mm	777mm	792mm	812mm	830mm
EGLATH PRO DISC	FRAME SIZE	XS-44	S-47	M-50	L-53	XL-56		
	BODY HEIGHT	154-164cm	161-170cm	167-176cm	173-183cm	180-190cm		
	STANDOVER	700mm	730mm	757mm	785mm	811mm		
QUENDI & QUENDI DISC	FRAME SIZE	S-46	M-48	L-50	XL-52	2XL-54	3XL-56	
	BODY HEIGHT	158-165cm	163-172cm	170-177cm	175-182cm	180-185cm	182-190cm	
	STANDOVER							
AVARI	FRAME SIZE	XS-41	S-45	M-47	L-50	XL-53	2XL-56	3XL-59
	BODY HEIGHT	145-160cm	158-165cm	162-172cm	170-177cm	175-182cm	180-187cm	185-193cm
	STANDOVER	677mm	711mm	740mm	747mm	770mm	795mm	819mm

What size frame do I need if I'm in-between sizes? If you're being offered two different frame sizes. What this means is that you're effectively between sizes, and both the larger and smaller frames would be suitable. The key measurement is 'Reach'. This is basically how long the bike feels when you're in the riding position. Your reach is influenced by your upper body length (also known as your 'trunk length or sitting height'). If your trunk length is longer than average, then we'd recommend the larger of the two sizes that you've been given. If your trunk length is shorter than average, then go for the smaller of the two sizes instead.